

REFIVE

SPA, BEAUTY & WELLNESS

Scrub it
Real Good

DETOX BEFORE
YOU RETOX

FACIALS
MASSAGES
MANI
PEDI
SPRAY TAN
WAX

BOOKINGS

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@FIVEZurich @ReFIVESpa

SPA #FACILITIES

STEAM ROOM

Feeling sore from your workout? Suffering from congested skin and breakouts? Or simply want to unwind and melt into a state of total relaxation? Enjoy our steam room to ease muscles, cleanse pores and improve blood circulation.

POOL

Pre or post treatment, be sure to check out our stunning interior and exterior swimming pool, perfect for if you fancy a dip or simply prefer to sit back and relax on our pool loungers as you watch the day go by.

SAUNA

Feeling stressed or overwhelmed? Are your muscles tense especially in your lower back? Feeling dehydrated and dizzy? Then don't skip a session in our sauna. Proven to preserve muscle mass, improve skin strength and even boost heart health, this is the ideal remedy for you.

JACUZZI

No luxury spa is complete without a jacuzzi - and ours, integrated into our stunning swimming pool, is the ultimate relaxation experience and a perfect sanctuary before or after your spa treatment.

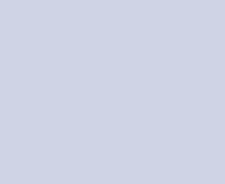
RELAXATION ROOM

The ultimate place to reset your mind, body and soul into a state of perfect relaxation. Enjoy pre or post treatment and get back to feeling the best version of you as all your stresses, worries and tensions melt away.

SPA #MASSAGES

STRESS RELIEF

Jardins des Monts



FEATHER TOUCH

Ideal for massage newbies! Light pressure point massage applying regenerating oils boosting skin comfort and glow.

60 MINS • CHF185
90 MINS • CHF235

ENERGY HEALING

Jardins des Monts



BALANCING ACT

Classic Swedish massage movements to ease muscle tension, using medium pressure.

60 MINS • CHF185
90 MINS • CHF235

MUSCLE TENSION

Jardins des Monts

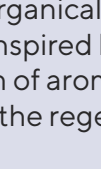


MUSCLE MELT

Deep tissue massage focusing on sore and tight muscle tension from heavy work out or deep stress.

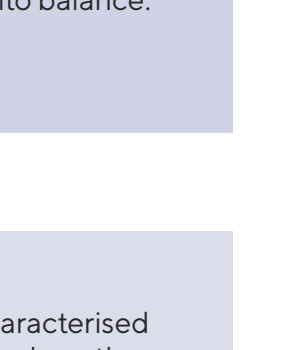
60 MINS • CHF195
90 MINS • CHF245

CANDLE MASSAGE



A soothing and deeply relaxing experience in which organic, exotically scented candles are used to release tension and bring the mind and body back into balance.

75 MINS • CHF225



JARDINS DES MONTS

Focusing on purity and effectiveness, Jardin des Monts' products are characterised by the finest-quality ingredients. Organically grown in the Swiss Alps and gently manufactured in an artisanal process inspired by traditional herbalism, each product is carefully produced with a combination of aromatic or medicinal root that helps renew the skin's elasticity by increasing the regenerative power of epidermal cells.

SPA #SCRUBS & #WRAPS

ORGANIC SALT GLOW

VOYA

The ultimate treat for tired and dull skin. Packed with anti-oxidant and mineral-rich properties, this calming treatment will offer a powerful, organic way to better your skin.

45 MINS • CHF135

SAPIN BLANC SCRUB

Jardin des Monts

A fragrant treatment that will gently remove dead skin cells and help tighten, brighten and smoothen the skin.

45 MINS • CHF135

ORGANIC SEAWEED LEAF WRAP

VOYA

Using organic seaweed leaves to scrub and wrap your body, this detoxifying experience helps revitalize and render the skin more supple thanks to mineral-rich and anti-oxidizing properties.

90 MINS • CHF245

ORGANIC SEAWEED MUD WRAP

VOYA

Relieves stress while energizing the mind, this warm wrap is infused with orange and ginger aromatic spices to help soothe muscle tension while deeply nourishing the skin

60 MINS • CHF155

WARM SPICED MUD BATH

VOYA

By drawing toxins and impurities out of the skin, the warm, fragrant and mineral-rich mud helps to purify and smooth the skin while relaxing tense muscles and combating the signs of aging.

45 MINS • CHF105

SEA SALT THERAPY BATH

Jardin des Monts

Known for their healing and therapeutic properties, the combination of sea salt and organic essential oil used in this bath therapy helps to stimulate circulation and relieve fatigue.

45 MINS • CHF105

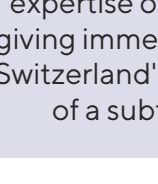
VOYA

Promoting sustainable organic luxury, VOYA offers a revolutionary range of result-driven, seaweed-based products that combine the world's best cosmetic scientist's expertise with in-depth knowledge of the therapeutic benefits of seaweed. Sustainably hand-harvested from the cleanest waters off the Atlantic coast of Ireland, VOYA's story is inspired by the ancient Irish tradition of seaweed bathing which is known to lower body stress and relieve skin conditions.

SPA #FACIALS

HYDRATION

Valmont



HYDRATION DES BISSES

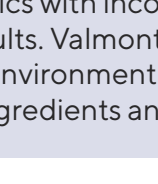
Reverses effects of special pollution and highly effective ingredients.

IDEAL FOR DEHYDRATED SKIN

60 MINS • CHF210

REJUVENATION

Valmont



LUMINOSITY DES GLACES

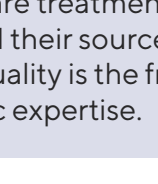
Reflexology ritual in which papaya and white mulberry extract are used to help hydrate and brighten the skin.

IDEAL FOR STRESSED AND MATURE SKIN

60 MINS • CHF210

DETOX

Valmont



ENERGIE DES GLACIERS

Stimulating facial, restoring natural radiance and leaving skin cleansed and oxygenized.

IDEAL FOR DULL SKIN

60 MINS • CHF210

VALMONT

Master of anti-age treatments since 1985, Valmont perpetuates the unique expertise of Swiss cellular cosmetics with incomparably efficient care treatments giving immediate, long-lasting results. Valmont care treatments find their source in Switzerland's pure and protected environment. Their exceptional quality is the fruit of a subtle alliance of alpine ingredients and advanced scientific expertise.

SPRAY TAN

Fake it 'til you make it! Get that golden glow with Naked Tan - a vegan, wash and wear spray tan.

Keep your tan in tip top shape!

- Exfoliate before hand!
- Wear loose clothing after your treatment
- Apply moisturiser daily

45 MINS • CHF125

WELLNESS #VIP EXPERIENCES

JUST THE TWO OF US

Body bath followed by a full body massage for two, plus a glass of champagne.

90 MINS • CHF495

TOTAL INDULGENCE

Facial and body scrub, followed by a full body massage.

120 MINS • CHF355

REFIVE EXPERIENCE

Hydrating facial, followed by a full body massage.

120 MINS • CHF355

HOLLYWOOD PEACH

Our 3-step cellulite-bust including detox scrub, slimming massage and air compression treatment using lymphatic massage techniques to slim your body in no time.

90 MINS • CHF375

PRENATAL JOURNEY

A relaxing full body scrub, followed by a nourishing massage to help improve skin elasticity, reduce fatigue and target areas prone to tension during pregnancy.

90 MINS • CHF225

IN-ROOM MASSAGE

Enjoy all our premium, spa-quality massages from the comfort and safety of your own hotel room.

ASK FOR MORE INFO

SPA, POOL & LUNCH

Enjoy a full body massage, lunch in internationally renowned global street food hotspot Soul St, and complimentary pool access.

60 MINS • MON - FRI • CHF225

BEAUTY #MANI & PEDI

MANICURE

60 MINS • CHF115

PEDICURE

60 MINS • CHF155

COLOR

ADD ON • CHF20

GEL COLOR

ADD ON • CHF30

SCRUB & MASK

ADD ON • CHF25

BEAUTY #WAX

FULL ARM

CHF75

UNDER ARM

CHF45

FULL LEG

CHF115

HALF LEG

CHF80

BACK/STOMACH/CHEST

CHF80

BIKINI LINE

CHF70

FULL BIKINI

CHF115

ALL PRICES ARE INCLUSIVE OF 7.7% VAT